

This Myopia Moment gives you a brief overview of the proven, effective clinical interventions available to manage progressing myopia and how to choose an intervention based on your knowledge about the child and his/her family. Please refer to source references for more details.

## **INTERVENTIONS**

Research to date shows that myopia management interventions typically show approximately 50% reduction\* in myopia progression. These interventions include:

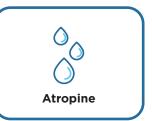
Be aware that not all interventions are approved for myopia management in all countries and usage is therefore off-label.

\*The goal of myopia management is to slow or halt myopia progression; in research, this is typically shown as a % reduction of myopia progression vs a control group not receiving treatment. Efficacy typically varies significantly across patients and interventions.









## CHOOSING THE BEST INTERVENTION FOR YOUR PATIENT

As intervention efficacy varies significantly by patient, it is essential to intervene as early as possible with an option ensuring high compliance leading to the best possible outcome. Choose an intervention that best fits the lifestyle and life-stage of the myopic child and his/her family.

Consider these patient profiles and how they may help guide the most suitable options for myopia management:









